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LIFESTYLE

The Sustainable Living Gift Guide

  

By Eco-Age
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The holiday season is the perfect occasion to practice being a little more mindful. At a time of year centred around care and generosity, we look into how you can bring these Christmas values into the presents with our living gift guide.

Hello, holidays. Yes, it's that time of year already, and Christmas is creeping up quickly. As we welcome the festive fun, food and fairy lights, we also usher in a much-needed opportunity to reconnect with the community around us and live a little more in the moment. But there's a Christmas conundrum that plays on every consumer's conscience: gifting. While we spend the rest of the year trying to buy what we use and use what we buy, our seasonal shopping often means spending on products we don't truly believe in. Amid the festive frenzy, we found ourselves searching for a more meaningful way to purchase presents.

With this in mind, here's our guide to the best ethical and sustainable gifts for your loved ones, from homewear to food and memorable experiences. Whether they help to support artisan groups around the world or just give your loved ones the chance to live a little more mindfully in the New Year, the below gifts encompass the festive spirit by having a positive influence on the world around us. Here's to a Christmas of community, connection and consciousness.



Riley Studio Guppyfriend

It may not be glamorous, but microfibres from our laundry ending up in the ocean has certainly become a hot topic. Help your friends and family avoid the issue with a Guppyfriend laundry bag from [Riley Studio](#) in which to wash any clothes made from synthetic fabrics. They'll be sure to thank you for it and so will the environment...

The ShleepSkin™ Blanket

Christmas is a time for getting cosy, and what better way to do so than with the ShleepSkin™ blanket from [Shleep](#). Made from superfine Australian merino wool and lined with cotton percale, this is made for winter evenings snuggling on the sofa. It's safe to call it the plushest present on the market.

Selkie Patterns Coffee Filter Template

For those who like to get creative, a template from sustainable sewing start-up [Selkie Patterns](#) is sure to spread joy this season. This simple guide for a homemade, re-usable coffee filter might be free, but it makes up for it in thoughtfulness.



Tincture Natural Cleaning Starter Set

Natural, re-fillable and extremely aesthetically pleasing, [Tincture's](#) cleaning products are as satisfying as they are stylish. Made using essential oils, botanical extracts and active silver, the starter set makes the perfect gift for the minimalist in your life.

Akojo Market QĀSA QĀSA Blantyre Storage Jars

These sophisticated storage jars are sure to turn heads at the zero-waste store. Upcycled from empty wine bottles, the Blantyre Storage jars are made by talented artisans in Malawi who then hand-carve the mahogany wood lids. Available on [Akojo Market](#), QĀSA QĀSA also partner with community groups in Africa to support local makers.

Sasustainable Cutlery With Case

A handmade bamboo cutlery set that comes with its own travel bag, [Sasustainable](#) provide the present of choice for anyone who eats their lunch on the go. Long standing plastic-free converts and those just getting into sustainability will surely appreciate this carefully curated set.



Oddbox Subscription

Use the festive season to fight against [food waste](#) by gifting an fruit and vegetable box [subscription](#) to your nearest and dearest. Born from a desire to reduce the emissions created by food waste, [Oddbox](#) works with local farmers to make sure misshapen produce gets put to use.

allplants Gift Voucher

The perfect plant-based present, an [allplants](#) voucher means you can treat your loved ones to wholesome vegan food, no cooking needed. From colourful mezze bowls to hearty vegetable stews, this gift will keep on giving long into the New Year.

A Bottle of Yealands Wine

Whether you opt for white or red, you can rest assured that [Yealands](#) wine will always be a green gift. An example of winemaking with sustainability in its soul, Yealands has explored everything from large scale solar energy to burning offcuts from their vines to reheat water. Just visit the website to find your nearest stockist.



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